



#### **Essential Medicines Kits**

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### **COUNTRY BACKGROUND**



- Zambia covers 752,612 Km2
- Surrounded by 8 countries
- Population 18m
- 10 provinces 108 districts
- 67% of population are poor
- 60% of population live in rural areas
- Zambia is a Lower Middle Income Country
- Average annual economic growth 6.2%



#### **HEALTH SERVICE IN ZAMBIA**

- 2,274 government health facilities all offer free medical services
- Other service providers are CHAZ (30% of population), NGOs, Private sector (small)
- High burden of disease, with by high prevalence diseases Malaria,
  HIV and AIDS, STIs, and TB
- High maternal, neonatal and child morbidities and mortalities.
- Rising burden of non-communicable diseases.
- Inequities in the distribution of wealth and socio-economic infrastructure across the country, which favors the urban areas than rural.



## Mission and Principles of the Zambia National Health Strategic Plan

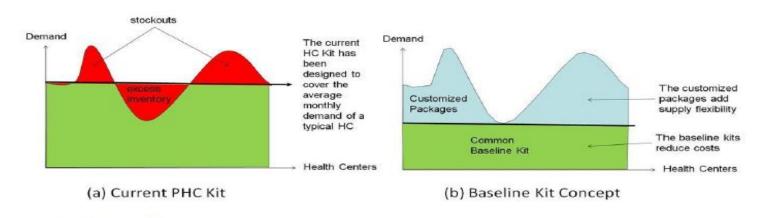
- Mission Statement: The main objectives of the health sector is to provide equitable access to cost effective, quality health services as close to the family as possible
- Key Principles
- Primary Healthcare approach
- Equity of access
- Affordability and cost- effectiveness.
- Accountability and partnerships
- Decentralization and competent health care environment



## **Quantifying the kit in Zambia**

- The kit content is quantified as the lowest common consumption across health facilities in order to avoid expiries and related problems.
- This method was described as the "Baseline Kit Concept" in a World Bank Policy Note. It concludes that this approach successfully avoids expiries, as well as reduces costs.

Figure 6: The Existing Primary Health Center Kit (a) and the Alternative Baseline Kit Concept (b).



Source: Authors



### **Selection of Kit Contents**

- The kit content is carefully selected from the Zambian Essential Drug list and Zambia National Formulary
- Selection is based on the top ten disease burden excluding HIV/TB/Malaria
- The kit content includes essential drugs and medical supplies
- One kit covers a catchment area of 1,000 patients
- The kit content is selected on the basis that it should provide a basic service by the health provider





### Zambia Kit Procurement and Distribution

- The kits are procured by the Ministry Of Health and delivered to the Central Medical Store of Zambia, Medical Stores Limited (MSL).
- MSL is responsible for storage and distribution, sending the kits to the regional hubs.
- The regional hubs are only trans docking the kits, passing them on to smaller vehicles which reach each health facility.
- From the regional stores of MSL, the kits are distributed to the urban health centers, rural health centers and health posts. This distribution is handled by the Ministry Of Health.
- At the moment monthly distribution cycle is used.





### **Zambia Kit Procurement and Distribution**

- The kit itself is one single box with a selection of products (Pharmaceuticals and medical supplies).
- The number of kits to be distributed is regulated depending on the catchment area of the health facility.
- The catchment area for one essential medicines kit should have a population of 1000 people.
- The urban health center with a large catchment population may therefore receive 2 – 4 or more kits depending on the population.
- The rural health center may receive between one and two kits, and the health post may receive one or half a kit.
- There is a thinking of defining a small kit directed only to the health post.



## Zambia – System Support from LMIS data

- Zambia has an extensive digital Logistical Management Information System (LMIS), which collects stock and consumption data across all health facilities and hospitals in the country.
- The system is named "Hybrid eLMIS" and is accounting for both what is received via kits and via the supplementary ordering.
- LMIS is managed out of the Central Medical Store "Medical Stores Limited" in Lusaka.
- LMIS gives actual real time knowledge of the supply chain. The data collected from this system is used to supplement the supply arriving via the kits.



# Zambia – The cost of securing a basic supply via kits

 The cost of securing the basic supply of essential medicines for the country is approximately 4% of the total value of products going into the country for public health purposes – when cost for HIV, TB, Malaria and Reproductive Health products is included.

 Makes it visible that for a relatively small amount of money compared to the full budget, Zambia has basic security for availability. Also in the country named "The backbone of the health system"



## **Using data in Zambia**

- Knowledge of morbidity and mortality patterns is strongly improved due to investments in Health Management Information Systems. (Today DHIS2 alone is implemented in more than 50 countries.
- eLMIS is implemented in Zambia bringing in detailed data from health facilities and hospitals.
- Issues of control of quality, management of counterfeit drugs and ability to trace products are even more important than 20 years ago.
- The risks of counterfeit products being on the market are higher than before,
  while regulatory authorities remain challenged in terms of budgets and capacity.
- Essential medicines kits can be adjusted after the data and strengthens tracability and the ability to enforce quality norms.



## Factors hindering access to health

- Geographical challenges and poor road infrastructure
- Poor state of transport and communication infrastructure in rural areas
- Shortages and inequitable distribution of health infrastructure and health workers
- In urban areas 99% of house holds are within 5 kilometers of a health facility compared to 50% in rural areas
- Lack of availability of essential drugs and medical supplies







## Advantages of the kits in Zambia's scenario

- Simplifies the Supply Chain through the push system
- Simplified procurement process through limited bidding
- Transportation (truck , car ,bicycle, ox chart, canoe)
- Increased accountability
- Reduced wastage (health staff are restricted to approved list derived from the essential drug list
- At primary level supports the referral system to secondary and tertiary health levels
- Increased accountability



## Zambia - Why the kit

- Reduced wastage (staff are restricted to approved list (EDL)
- Selected safe, effective, cost effective drugs
- Promotes Rational Drug Use and reduces microbial resistance (AMR/MDR)
- Assurance of kit content quality of products in countries with poor regulatory capacity(absence of national QC laboratory and QA policies)
- Secured funding for the districts with political commitment to satisfy rural commitment
- Assurance to health worker on 68 products will be received according to agreed schedule at once
- The kit covers the top 10 diseases of the country



## Disadvantages of the kits in Zambia

- It is not a perfect system
- Less flexibility in the selection of essential medicines for specific health problems in different regions of the country
- Lack of flexibility in the quantities of drugs leading to stock outs or surplus of some product line
- Difficulty in monitoring expired stocks (Mixed expiry dates in one kit)
- Added cost for redistribution of surplus and need for qualified staff to redistribute
- Certain products need skilled labour force (injections in remote)



### **Lessons learnt Health Centre kits-ZAMBIA**

- A kit is the back bone in a finically challenged environment
- Bulk Procurement of kit content gives a dialogue platform for negotiation for reduced prices
- Frame work in place .Buyer may request for specified divided deliveries
- Regular reviews of kit content contents
- Part of strategy in drug budget (budgeted under the districts)
- There are more health centers and health post than hospital which targets the poor and the vulnerable



## **Country's opportunities**

- Opportunities for the country for local pharmaceutical growth if assembled within the country
- Provides employment and supports local pharmaceutical industry growth
- In a limited financial environment the kits have been recommended
- Zambia's project on opening the kits and distributing through the pull system did not work out and thus a hybrid system in place (push the kit and pull from full supply)
- Hybrid system can be further improved by using LMIS data to ongoing adapt kits to needs.